

Covid-19 Precautions

Issued 2 September 2020

Lauderdale
House

Event	Yoga with Billy Doyle	
Dates	Mon 7 th Sept-Tues 15 th Dec There will be no class on the 26th and 27th October for Half Term	
Time	Monday Class - 19:00 - 20:30 Tuesday Class - 10:00 - 11:30	
Location	Long Gallery (first floor)	
Cleaning Arrangements	Before	After
	All hard surfaces and door handles will be wiped down with disinfectant. Floor mopped with cleaner which kills Covid-19	Lauderdale Staff to wipe down all hard surfaces and door handles. Personal rubbish to be disposed of in bins provided.
Materials / Equipment	Attendees will bring own yoga mats, blankets and face coverings	
Mitigations for COVID-19	<ul style="list-style-type: none"> All attendees will be told not to attend if displaying any Covid-19 symptoms (https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/) or if they should be quarantining. Arrival: Enter through East Entrance (black front door), cross the hallway and go up via main staircase. Access to toilets: Please go down main staircase (do NOT use other staircases), back into the Entrance Hall/Lower Gallery; turn left and go through the double doors by Nell Gwynn's Bath Access to café (morning classes). People attending morning classes who wish to go to the café should go down the main staircase, across the hall and out through the front door (press <u>green</u> button on the right) and walk around the outside of the House on the right hand side to the back café entrance. Participants will be asked to wear a mask (unless exempt) in the communal areas of the House i.e. everywhere except the Long Gallery. 	

	<ul style="list-style-type: none"> • Temperature to be taken by the teacher upon entry into Lauderdale House. No one allowed in who is outside the usual temperature range for their age. • Use the hand sanitiser on the front desk upon entry. • Billy Doyle will supply hand sanitiser in the Long Gallery. • There is a sink at the back of the storage area, Ante Room, which can be used for handwashing. • Prop open the Long Gallery door with a door stop for ease of access and to reduce touching the door handle. (This will be closed once class begins) • Tutor and attenders to use only the toilets designated for the class in the main suite. If attending the café after the call please use the café toilets. • Open windows as much as possible and advise attenders to wear warm clothing <p style="text-align: center;">Please see maps at each of the main entrances.</p>
<p>Designated Toilets (How many)</p>	<p>2 x Toilets in the main suite Please do not use other toilets – you may use the café toilets if attending the café.</p>
<p>Responsibility for Test and Trace</p>	<p>Billy Doyle is responsible for obtaining contact details of his attenders and recording who attends the classes. He will supply these details to Lauderdale House if required for test and trace. If you develop Covid-19 symptoms after attending a yoga class at Lauderdale House you should contact Billy Doyle and also Lauderdale House.</p>
<p>Fire Exits</p>	<p>Fire Exit 1 – door nearest the piano; down the stairs, out onto Tea Lawn; assemble at far end of Tea Lawn Fire Exit 2 – down main staircase; turn left, out through main door; assemble 100 metres up Highgate Hill on the pavement</p>